



Pretty Non-Rolling Cast On & Bind Off Edges

More on our Blog

The blog has details on the technique and its benefits. You can find this one [here](#) and in the Edges category.



The Concept

The edges start and stop with two of our decorative elements, the Resilient Cast On and Knotted K2Tog Bind Off.

There are separate tutorials and blog posts for each of these and include a link to a video tutorial on our You Tube channel.

- [Resilient Cast On Blog](#)
- [Knotted K2Tog Bind Off Blog](#)

These are paired with 4 rows:

1. A Slip st row: decorative
2. A knit row (non-rolling garter)
3. A knit 1 row below row (decorative and garter-esque)
4. Seed stitch (transition to stockinette)

How to calculate the # cast on sts:

- Even: Multiple of 3. # goal sts / 2 * 3. For example, 40 sts / 2 * 3 = 60 cast on sts
- Odd: Multiple of 3 plus 2. For example, 43 sts / 2 * 3 = 64.5 round up to 65 (65 is a multiple of 3 (63) plus 2).

Knit 1 Row Below (k1rb)

knit into the center of the loop created by the knit stitch in the prior row.



Cast On Edge:

Try this 23 stitch swatch to test it out. See the note below left for calculation info for even and odd stitches.

- ▶ Cast On 35 sts (multiple of 3 plus 2) ($23 / 2 * 3 = 34.5$ round up = 35)
- ▶ Work the Resilient Cast On by sliding all sts to the other end of the needle and passing sts over: [sl2, pss0], sl1. *There are 23 working sts now.*
- ▶ (RS) k1, *p1, sl1* p1, k1
- ▶ (WS) knit across
- ▶ (RS) k1, *k1rb, k1* (*knit 1 row below into the non-slipped st*)
- ▶ (WS) k1, * p1, k1* (*purl into the k1rb st*)
- ▶ Pull down on those k1rb sts to help them smooth out.

Continue in stockinette or your stitch.

Bind Off Edge:

- ▶ (WS) k1, *p1, k1*
- ▶ (RS) k1, *sl1, k1*
- ▶ (WS) knit across
- ▶ (RS) k1, *k1, k1rb, *k2
- ▶ (WS) Worked Knotted K2Tog BO *except* on the standard bind off portion use a knit bind off instead of a purl. *[w2, k2tog], [k1, bo]. The standard knit bind off is worked with a knit st into the K1rb from the prior round. (This all makes sense once you read about the bind off).

There is a video of the swatch and specifically the bind off technique on our You Tube channel. Link [here](#) or search You Tube for Laura Cunitz.

