



The Resilient Bind Off

Pretty and practical, don't settle for boring edges.

Note from the Designer

This stretchy bind off has the benefit of a decorative edge similar to its partner the Resilient Cast On. It's perfect for when you want a design element and a tight bind-off would ruin the drape or for something like a neck edge.

You'll want to practice to get the correct feel for stitch definition vs. flexibility so grab some needles, some scrap yarn and try this interesting edge alternative.



Yarn Note:

Yarns without much density like alpaca, may not show the nub as well. In that case, use 2 strands of yarn to enhance the texture.

Shown above: Cascade Venezia Sport alternating bind off and below a sport weight merino with double bo only.

The Resilient Bind Off (RBO) Technique

The Resilient Bind Off (rbo) normally alternates a double bind off (described below) with a standard bind off. If used every stitch it creates a flared edge (which you may want on a curved or lacy edge). There are pictures of both to the right.

It's easier to understand with some needles in your hand, so knit a small swatch you can bind off from and we'll get started.

- ▶ Knit 1 to get started
- ▶ Double Bind Off:
 1. Knit 1, use the tip of the left needle to pick up and pass the 1st stitch on the right needle over (as usual) *BUT* leave the stitch loop on the left needle tip. There is now 1 loop on each needle (photo 1).
 2. Knit another stitch through that slipped st loop on the left needle (photo 2). You now have 2 sts on the right needle (photo 3).
 3. Pass 1st st on the right needle over and off the right needle. Pull the stitch taught with a gentle tug (without this tightness the bind off nubs lose their definition). Now 1 st on right needle.
- ▶ Standard bind off: k1 and pass over as usual.
Do not pull to tighten standard bind off.
- ▶ Continue alternating double bo with standard bind off. Stop occasionally to check the give and stretch of the edge.



Gloves were a gift, sorry no pattern (yet).

Photo Tutorial



St 1 on left has been lifted over st 2. The 2nd st remains on tip of left needle.



Knit into the loop on the left needle.



There are now 2 sts on right needle. Pass 1st st over 2nd and off needle. Tighten.

Photos may be easier to see on the announcement blog post. You can link to it [here](#).